

Apps to support PSHE



DiaryZapp for Schools



The application DiaryZapp for Schools is a digital creative daily diary that helps develop positive wellbeing and mental health habits in children. This application is suitable for Primary and Middle schools including ages 5 to 11. Teachers can use the application to create classes and monitor individual daily diary entries from an easy to use teacher portal. Parents and Teachers will be pleased to know that the application is aligned with the Mental Wellbeing PSHE learning objectives for PSHE Key Stage 1 and 2. This application is free from in-app adverts and has a range of price points for subscriptions. The digital diary plays in a landscape mode and is suitable for both mobile and tablet devices. The application is available for both Android, Apple iOS devices as well as the Microsoft platform. The application is supported by a developers website that includes video tutorials, pricing, guides for getting started with the app and much more.



Finn Goes Online



Finn Goes Online – Cybersecurity for Children teaches about online safety, including password security, cyberbullying, and staying safe online. It is aimed at kids aged seven and above. Finn Goes Online is available for a single purchase price on both Android and iOS devices.



Aki the monkey teaches values - Sharing



Aki the Monkey is an interactive story book has been created to help you teaching the important values of sharing and generosity to your young children. The app will help your child to consider their relationship to other people and how they feel about letting others use their things by following along with Aki the Monkey. The reader's own decisions in this interactive story influence how Aki and the other characters respond in the story.



Kids Alive Do The Five



The Kids Alive Do The Five App has been designed to teach young children about water safety.



Tame Your Thought Monster



Tame your thought monster app is an application that is designed to supply children or adults with the tools to deal with fear, anxiety, or other concerns by using mindfulness tools and positive self-talk. The app is also designed to promote better behaviour, how to be more kind and to feel better. The application is free from in-app purchases and adverts and suitable for 4 years and over.



Traffic Safety for Kids FREE



Presented in an entertaining and informative way, this animated interactive traffic education app for your tablet and phone offers a wealth of information on different traffic dangers.



Positive Penguins

Positive Penguins is a resilience building app to support children express their feelings. This app supports thinking and to challenge negative thinking in a fun interactive way.



Henri le Worm



A fantastically-designed app to encourage healthy eating.