

Curriculum Newsletter



SOUTH WILFORD
Endowed C of E Primary School

What are we up to this term in Year Three?

The Great Food Debate

Main Themes

- Healthy diets
- Ethical food sourcing
- Sustainable farming
- Ingredients and recipes

Books

- Farm to food hall
- How my body works
- Healthy eating guide
- Let's go to Italy
- Oliver Twist
- Matilda

Enrichment

- Cooking
- Baking
- Visit to Cadbury World



We are learning:

- How diet choices impact our health and wellbeing
- About the nutritional value in foods
- How farmers provide us with varied choices of meat, fruit, grains and veg
- About vegetarianism and veganism
- How to follow a recipe to make a meal

Things to Remember:

- PE is on Tuesdays and Thursdays for Beijing class and Tuesdays and Fridays for Copenhagen class
- PE kit is a white/blue t-shirt, plain dark shorts or trousers and a school jumper
- No jewellery except for stud earrings
- No toys, pencil cases or teddies from home
- We will be asking for helpers for our visit (date and letter to parents TBC)